



Two Peer Support Workers (Female and Male)

Job description

Key Purpose

To work as part of the Maan team, in partnership with Sheffield Health and Social Care NHS Foundation Trust, working with people in the Somali community who are experiencing mental ill health, to facilitate an improvement in their health and wellbeing and recovery. This role involves working as a core member of Maan Somali Mental Health's staff team.

You will bring a lived experience and a compassionate, person centred approach to support Somali people experiencing mental health issues. Drawing on your lived experience, of mental health, your role will include improving the approaches offered by Maan and health and social care providers to Somali mental health service users.

This job involves providing one to one support to people experiencing mental ill-health. The role also includes supporting carers and families accessing mental health services and support. In addition, the person undertaking this work will be involved in organising and delivering community-based workshops, as well as taking part in networking and partnership events /meetings.

Clinical supervision will be provided for this post. In addition, you will be able to access externally provided non-management supervision/ coaching along with other Maan staff members.

Across these roles Maan's Peer Support Workers will work closely with community members, healthcare professionals and other stakeholders to address health disparities, provide education and facilitate access to available services.

These are new roles for Maan and are currently funded for a period of twelve months. The hope is to continue the posts after twelve months but this will depend on Maan securing continued funding, and their impact on Maan's delivery of services. There are two posts; one female support worker and one male support worker. Both are for 16 hours per week. A significant amount of support and training will be provided from both within the Maan team and from the NHS lived experience peer support team.

Maan's Peer Support Workers will provide:

One to one support

1. Offer emotional and practical support to members of the Somali community who are experiencing mental health or social challenges.
2. Share personal experience (as appropriate) to encourage and guide others in their recovery journey.
3. Assist with organising and running peer support sessions.
4. Create a safe and supportive environment for open discussion with service users.
5. Use knowledge of Somali cultural and language to better understand and communicate with service users.
6. Maintain Maan's existing high standards of confidentiality and respect, and person-centred approach.
7. Support service users with moderate mental health issues.

Team working

1. Work with a diverse group of team members to achieve Maan's goals.
2. Work as an effective team member to deliver Maan's service to the community and develop effective relationships with service providers.
3. Attend team meetings, training sessions, and community events as required by Maan and our NHS partners.

Working with the community

1. Work to reduce the stigma, fear, and myth around mental ill health within the Somali community.
2. Demonstrate and understand Somali culture and values to build trust with service users.
3. Work closely with mental health professionals, social workers, and community organisations to coordinate care and provide comprehensive support.
4. Undertake any other duties as required to help Maan achieve its aims.

Person Specification:

Qualification, skills, and experience

All the following are essential requirements for the peer support role

1. Have lived experience of mental health difficulties and ability to use this experience positively in the role and willing and able to share one's own personal recovery to help others.
2. Fluent in spoken Somali and English Languages.
3. Ability to draw on the knowledge that the experience of trauma is part of the life story of many Somali people with mental health difficulties.
4. Compassion, empathy, and the ability to work with individuals experiencing mental health challenges.
5. Ability to maintain confidentiality and establish trust with service users.

6. Able to read and write in English for record keeping / note taking and email communication etc.
7. Genuine passion for working with people who experience mental health struggles.
8. Wide range of life experiences to bring an enabling and positive view of opportunities for others.
9. Flexible and adaptable to changing situations.
10. Patient, empathetic, and culturally sensitive.

How to apply:

No CVs will be read or accepted. Please fill in the application form, first reading the guidance document, and email to admin@maansomalimentalhealth.org or post to

8 Paradise Street, Sheffield, S1 2DF.

How to access application pack?

Web link: <https://www.maansomalimentalhealth.org/vacancies-job-advert/>

Simply click on the link provided where you can download the application form, guidance notes for applicants, and the job description.

Alternatively, if you prefer to receive the application pack via email, you can send a request to admin@maansomalimentalhealth.org

Closing Date: **Sunday 2nd February 2025**

Shortlisted applicants will be invited to interview on Wednesday **12th February 2025** at **Maan office ,8 Paradise Street, Sheffield, S1 2DF.**

For an informal discussion contact: If you want an informal discussion to find out more about Maan and the job, please send an email to admin@maansomalimentalhealth.org or call 01142758556 and leave a message clearly stating your name and phone number.